

2009 Membership Options:

\$0 Enrollment Fee

10% off corporate membership with 10-14 corporate members

	<u>Super</u>	<u>Corp</u>	<u>EHAC</u>	Corp	<u>OHSS</u>	Corp	MAC	<u>Corp</u>	
SINGLE:	\$93	\$84	\$80	\$72	\$55	\$50	\$85	\$77	
COUPLE:	\$139	\$125	\$128	\$115	\$89	\$80	\$133	\$120	
FAMILY(3 Person):	\$173	\$156	\$153	\$138	NA	\$89	\$158	\$142	
FAMILY(4 Person):	\$179	\$161	\$164	\$148	\$99	\$89	\$169	\$152	
PRIME:*Single	\$65	\$59	\$49	\$44	N/A		\$49	\$44	
Couple	\$108	\$97	\$91	\$82			\$91	\$82	
STUDENT:	\$67	N/A	\$56	N/A	\$37	N/A	\$56	N/A	

^{*} **Prime Plus**: 60 years & older - limited time use, M-F until 5:00pm, no weekend exclusions.

Membership Freeze: must be out of town at different residence or for medical reasons, \$15 monthly fee to freeze account.

Supervised Playrooms: Included with all Family Memberships. Single or Couple Memberships may choose either to pay a monthly or daily rate.

Your Membership Includes

- Renovated Fitness Centers including: BodyPump[™], BodyCombat[™], BodyStep[™] and BodyFlow[™]
- 6 Family Changing Rooms
- Cardio Fitness Equipment
- 2 Indoor Pools
- 8 Private Locker Room and Spa Facilities
- 20 Indoor Tennis Courts
- Volleyball and Wallyball
- Platform Tennis
- 2 Birthday Party Rooms
- 1/6th of a Mile Walking/Running Indoor Track
- Cancer WellFit Program
- Lounge/Cafe' Services with Wireless Internet

- 4 Group Fitness Studios with over 185 classes per week
- 2 Pilates Studios with Reformers
- 4 Massage Rooms
- Multi-Purpose Rooms
- 2 Gymnasiums
- 14 Racquetball Courts
- 12 Outdoor Courts (4 Clay)
- 2 Cycling Studios
- Dance Studios with Ballet Barres
- Gymnastics Rooms
- Martial Arts programs
- Supervised Playrooms
- Facility Rentals for Private Parties

Guest Policy/Fees: Guests are welcome to use our facilities when accompanied by a current member of The MAC, East Hills or Orchard Hills. The guest fee is \$9.00 for 12 years old and younger, \$10.00 for 13 years old and older. A non-member may be a guest of the club 12 times a year.

Tennis Court Fees Apply At East Hills – September - May

Michigan Athletic Club

2500 Burton Street SE Grand Rapids, MI 49546

(616) 956-0944 •www.michiganathleticclub.com

 Mon - Thurs
 5:00am - 10:00pm

 Friday
 5:00am - 9:00pm

 Saturday
 7:00am - 8:00pm

 Sunday
 8:00am - 8:00pm

East Hills Athletic Club

1640 East Paris SE Grand Rapids, MI 49546 (616) 224-5400 •www.ehac.com

Mon - Thurs 5:00am - 10:00pm Friday 5:00am - 9:00pm Saturday 7:00am - 9:00pm Sunday 8:00am - 8:00pm

Orchard Hills Swim & Sports Club

115 Crahen Avenue NE Grand Rapids, MI 49525 (616) 224-8700 •www.ehac.com

 Mon - Thurs
 6:30am - 10:00pm

 Friday
 6:30am - 9:00pm

 Saturday
 7:30am - 9:00pm

 Sunday
 9:30am - 8:00pm



2009 Membership Options:

\$0 Enrollment Fee

15% off corporate membership with 15 or more corporate members

SINGLE:	<u>Super</u> \$93	<u>Corp</u> \$79	<u>EHAC</u> \$80	<u>Corp</u> \$68	<u>OHSS</u> \$55	<u>Corp</u> \$47	<u>MAC</u> \$85	<u>Corp</u> \$72
COUPLE:	\$139	\$118	\$128	\$109	\$89	\$77	\$133	\$113
FAMILY(3 Perso	on): \$173	\$147	\$153	\$130	NA	\$84	\$158	\$134
FAMILY(4 Perso	on):\$179	\$152	\$164	\$139	\$99	\$83	\$169	\$144
PRIME:*Singl Coupl	e \$65 le \$108	\$55 \$92	\$49 \$91	\$40 \$77			\$49 \$91	\$42 \$77
STUDENT:	\$67	N/A	\$56	N/A	\$37	N/A	\$56	N/A

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- Cardio Fitness Equipment
- 2 Indoor Pools
- 8 Private Locker Room and Spa Facilities
- 20 Indoor Tennis Courts
- Volleyball and Wallyball
- Platform Tennis

Sunday

- 2 Birthday Party Rooms
- 1/6th of a Mile Walking/Running Indoor Track
- Cancer WellFit Program
- Lounge/Cafe' Services with Wireless Internet

8:00am - 8:00pm

• 4 Group Fitness Studios with over 185 classes per week

Sunday

9:30am - 8:00pm

- 2 Pilates Studios with Reformers
- 4 Massage Rooms
- Multi-Purpose Rooms
- 2 Gymnasiums
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8:00am - 8:00pm

Sunday